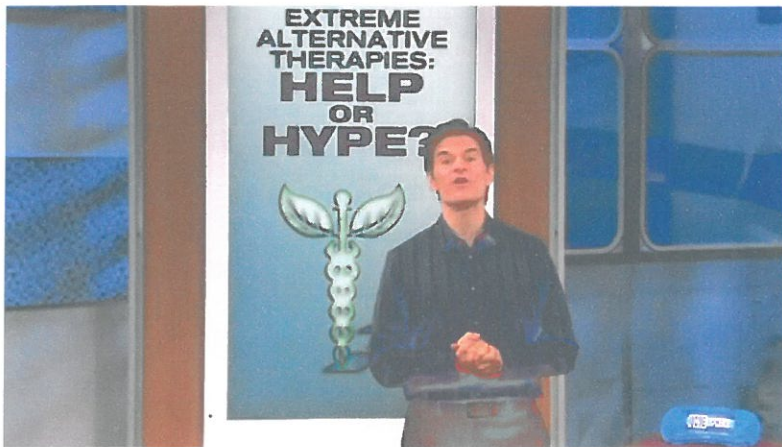


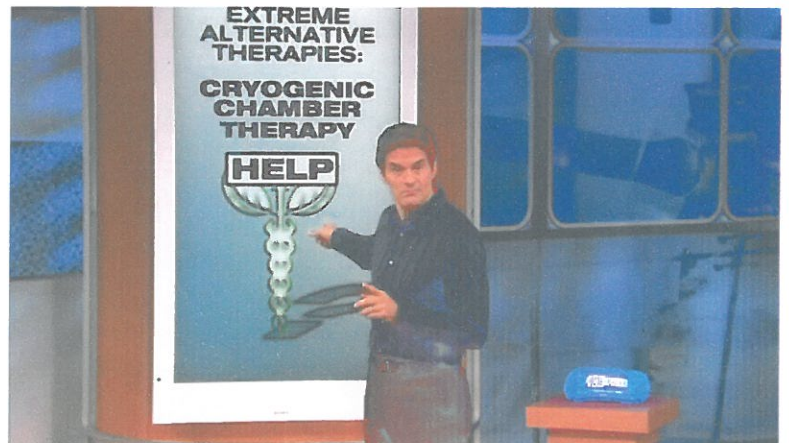
“IT HELPS!” says Dr. Oz about the cryogenic chamber therapy*



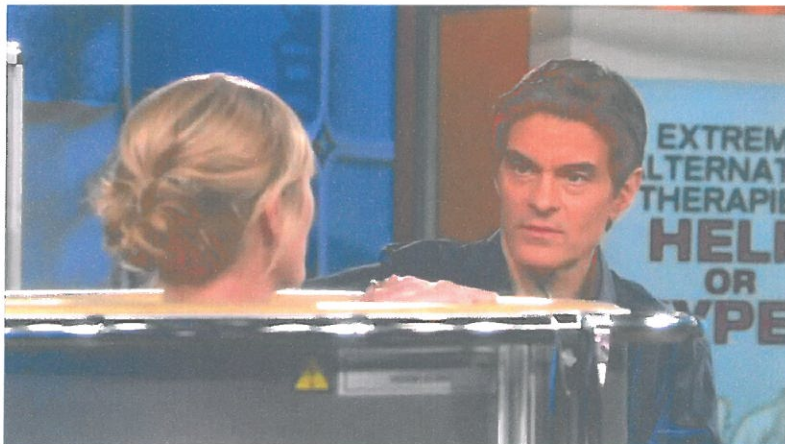
Dr. Oz: “Some alternative therapies could put your health at serious risk [...] WHICH ONES CAN HELP, AND WHICH ONES ARE JUST HYPE?”

“Cryotherapy is the application of cold temperatures to all parts of your body [...] IS IT HELP, or is it just hype? [...]

The answer is: IT HELPS!”



“You have less swelling there for a tissue around it, less chemicals are released into the joint space, and LESS ACHES AND PAINS OVERALL. It also AFFECTS THE NERVES.”



“It is actually used in Europe quite frequently [...] Now it’s available in the United States in many SPAS and some medical practices [...] IT IS SENSIBLE TO TRY IT!”



* Dr. Oz Show, January 20, 2011. Cryogenic Chamber Therapy is known also as the Whole Body Cryotherapy

Millennium ICE: The Whole Body Cryotherapy FOR YOU

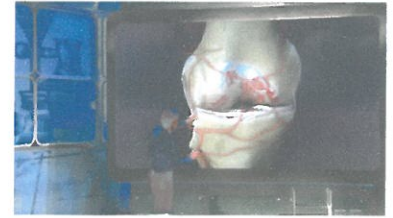
How does the Whole Body Cryotherapy work?

Cryotherapy is a term used for treatment involving extremely low temperatures. Gasiform nitrogen lowers the temperature of the top layer of the skin surface to 30 degrees F for 2 to 3 minutes. Every organ in the body is affected positively:

- * Blood circulation is enhanced along with the supply of oxygen to the tissues
- * Toxins are drained away by lymph and blood
- * It also aids cellular survival and activates natural biological regeneration

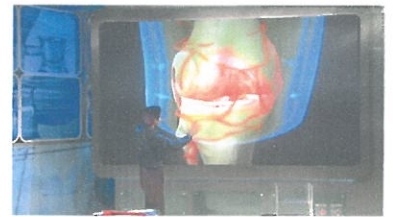
Applications:

- * Professional sports and fitness
- * Rheumatology, orthopaedy, burn treatment, skin diseases
- * Infections, immunity deficiencies, or weight disfunctions
- * Occupational health
- * Beauty, and more



Results:

- * Inhibition of inflammation, reduced pain and swelling
- * Improved joint function and quicker injury recovery
- * Better blood circulation and increased immunity
- * Tighter skin and cellulite reduction
- * Fewer skin blemishes
- * Faster fat loss through burning more calories
- * Decreased fatigue and muscle soreness
- * Decreased anxiety and depression
- * Faster recovery and increase of overall athletic performance



Debra:
"I FEEL
ENERGETIC
AND
GOOD!"

Information and appointments:

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(214) 235 8014 entra@lifeofmillennium.com

